

THINGS TO EXPECT AFTER PRK SURGERY

While most of our patient experience very little discomfort after their PRK procedure, it is important to understand what to expect. Everyone heals at their own pace and it is possible for you to experience anywhere from mild to significant discomfort. The discomfort and irritation could last for several days after surgery. It is normal for this discomfort to be slightly worse on days 2 and 3 after surgery. It will gradually get better.

YOU MAY EXPERIENCE ANY OF THE FOLLOWING NORMAL OCCURANCES

- Moderate to significant discomfort
- Light Sensitivity
- A scratchy, grittiness or burning sensation
- More tearing than usual
- Vision may appear particularly blurry for several days
- For the first few weeks, you may notice fluctuations in your vision particularly when reading and driving
- Your eye(s) may feel dry for some time following your treatment; use artificial tears to alleviate dry eye(s)
- You may also store your drops in the refrigerator, the coolness will help to decrease inflammation and soothe the eye(s)
- Halos around lights at night, gradually subsiding over several months
- If you have discomfort, you may take any over the counter pain reliever such as Aspirin or Tylenol.

The best way to manage any discomfort and to heal properly is to rest and keep your eyes closed during the three days after your procedure. Use your tears frequently and try not to strain your eyes by attempting to read or watch TV. If you experience any pain that you believe is not normal, do not hesitate to call us at 1-617-636-4600 (after office hours).

*PLEASE REMEMBER to bring your post operative kit, which includes your eye drops, along to both your 1 day and 1 week post operative visits as the Optometrists will want to review your drop regimen with you at each visit.